	SUNDAY	
<b>9:00AM</b> C,WC	A Gathering of Men & Women Saginaw Recovery House, 1506 Mackinaw Stre	<b>Saginaw</b> et
11:00AM M	Step Talk (Men's Meeting) 1016 Outpatient, 133 N. Saginaw Rd.	Midland
<b>5:00PM</b> C	<b>By NA Means Necessary</b> St John's Episcopal Church, 405 N. Saginaw Rd	Midland
<b>5:00PM</b> O,WC	<b>Stepping Straight</b> Church of Nazarene, 1494 Purdy Rd.	Caro
<b>6:00PM</b> C	<b>New Life</b> Tabernacle Baptist Church, 810 Cathay St.	Saginaw
<b>7:00PM</b> C	Never Alone St. Alban's Church, 105 S. Erie (Wenona St. entrance) Open meeting 3rd Sund each month	Bay City
<b>7:30PM</b> C,NC,WC,BK	12 Steps to Freedom Holy Spirit Parish Center, 1035 N. River Rd. Open meeting last Sunday of each month	Shields
	MONDAY	
NOON	Recovery Nation West Fresh Start Club, 236 S. First St	st Branch
NOON O	<b>Sheri's Diner Group</b> Sheri's Family Diner, 316 E. Park St.	Harrison
<b>12:30PM</b> C,BK	<b>H.O.W.</b> Great Lakes Dream Center, 700 Lafayette	Bay City
<b>6:30PM</b> C,HY	How it Works Aldersgate Methodist Church - Hybrid, 2206 Ai Lane Hybrid - Room 115 https://zoom.us/j/236328	
<b>6:30PM</b> O,WC	Surrender Our Lives Messiah Lutheran Church, 4640 N. Michigan	Saginaw
<b>7:00PM</b> C	Hope in Hale Hale United Methodist Church, 201 W. Main St	<b>Hale</b> reet
<b>7:00PM</b> C	No Matter What Mt. Alano Club, 1201 N Fancher St Back Room	Pleasant
<b>7:00PM</b> O	Sheri's Diner Group Sheri's Family Diner, 316 E. Park St.	Harrison
<b>7:00PM</b> O	<b>Unity</b> Great Lakes Dream Center, 700 Lafayette Ave	Bay City

	TUESDAY	
NOON C,WC	In the Solution First United Methodist Church, 4790 Gratiot Ro	Saginav 
<b>12:30PM</b> C	<b>Common Welfare</b> Corpus Christi Parish, 906 S. Wenona St.	Bay Cit
<b>6:30PM</b> C	Acceptance is Freedom & Serenity Gladwin Free Methodist Church, 1312 North St Street	<b>Gladwi</b> ate
<b>7:00PM</b> C	<b>Bridgeing The Gap</b> Midland Missionary Church, 479 S. 11 Mile Rd	Midlan
<b>7:00PM</b>	Common Ground Westersh Start Club, 236 S. First St	st Branc
<b>7:00PM</b> C,BK	<b>H.O.W.</b> Great Lakes Dream Center, 700 Lafayette	Bay Cit
<b>7:00PM</b> C	<b>Just for Tuesday</b> Aldersgate Church, 2206 Airfield Ln <i>Room 115</i>	Midlan
<b>7:00PM</b> O	<b>Special Protection Under Direction</b> Church of Christ, 5726 Cedar Lake Rd	Oscod
<b>7:00PM</b> C,BK	<b>Survival</b> 1st Church of the Nazarene, 3000 Davenport	Sagina
	WEDNESDAY	
<b>10:00AM</b> C,WC	<b>Let Go Let God</b> Unity Club, 1151 N Niagara St	Saginav
<b>12:30PM</b> O,WC,BK	<b>No Fear</b> Messiah Lutheran Church, 501 S. Catherine St	Bay Cit
<b>6:00PM</b>	<b>Eastside Group</b> Buena Vista Center, 1940 S. Outer Dr	Saginav
<b>6:30PM</b> C,WC,HY	How it Works Eagle Ridge Church of God, 2808 Waldo Ave Hybrid - Room 103 https://zoom.us/j/236328	Midland
<b>7:00PM</b> C	<b>AuGres Group</b> United Methodist Church, 3322 E. Huron St	AuGre
<b>7:00PM</b> C	<b>Gratitude Not Attitude</b> Hale United Methodist Church, 201 W Main St	Hale
<b>7:00PM</b> O,WC,HY	Keep it Simple Owosso First United Methodist Church, 1500 N St. Please enter from the rear of the church	<b>Owoss</b> . Water
<b>7:00PM</b> O	NA Life in Recovery Harrison District Library, 125 W. Beech St. Meets 2nd, 3rd, and 4th Wednesday	Harriso

WEDNESDAY (CONT)				
<b>7:00PM</b> C,NC	Never Alone St. Alban's Church, 105 S. Erie (Wenona St. entrance)	Bay City		
<b>7:00PM</b> C,LS	<b>Primary Purpose</b> 1st Church of Nazarene, 3000 Davenport Av	<b>Saginaw</b> e		
	THURSDAY			
NOON	Barefoot Meeting Fresh Start Club, 236 S. First St	est Branch		
<b>12:30PM</b> C,BK	Common Welfare Corpus Christi Parish, 906 S. Wenona Street basement)	<b>Bay City</b> (Rectory		
<b>6:30PM</b> C	Acceptance is Freedom & Serenity Gladwin Free Methodist Church, 1312 North Street.	<b>Gladwin</b> State		
<b>7:00PM</b> C	<b>Attitude of Gratitude</b> Saginaw Recovery House, 1506 Mackinaw St	<b>Saginaw</b> treet		
<b>7:00PM</b> O,WC	<b>Common Desires</b> St. Lukes Methodist Church, 206 Scheurman	<b>Essexville</b> n St.		
<b>7:00PM</b> O	<b>Just Stay</b> New Life Vineyard Church, 1014 E. Ashman	Midland		
7:00PM	MORLEY BY THE DAMN Morley Community Center, 151 7th Street	Morley		
<b>7:00PM</b> O,HY	Central Michigan Christian Church - Hybrid, Lincoln Rd.			
	https://us02web.zoom.us/j/8148123571 mFKKzZ0VEFxVWJxYktjUHY0ejJmUT09	8?pwa=M		
<b>7:00PM</b>	<b>Together We Can Do It</b> United Methodist Church, 201 South Forest S	<b>Standish</b> Street		
<b>7:30PM</b> C	<b>Just for Today</b> Harisville Methodist Church, 217 N State ST.	Harrisville		
<b>9:00PM</b> C,NC,WC,BK	<b>12 Steps to Freedom</b> Holy Spirit Parish Center, 1035 N. River Rd. <i>Open meeting last Sunday of each month</i>	Shields		
	FRIDAY			
<b>12:30PM</b> C,WC	<b>H.O.W.</b> Great Lakes Dream Center, 700 Lafayette	Bay City		
<b>6:00PM</b> C	<b>Down with Disease</b> Midland Reformed Church, 1100 N, Saginaw	<b>Midland</b> Rd		
<b>7:00PM</b> C	Hugs Not Drugs Community Baptist Church, 1494 N. St.Heler	St. Helen n RD.		

### Willing to Make the Effort **Bay City** Trinity Episcopal Church, 815 N Grant St. 5th St. entrance Open speaker meeting 2nd Friday of each month with fellowship activities after meeting. 8:00PM In the Solution Saginaw C,WC First United Methodist Church, 4790 Gratiot Rd **SATURDAY** 10:00AM Down with Disease Midland Midland Reformed Church, 1100 N, Saginaw Rd 10:00AM **Eastside Group** Saginaw Buena Vista Center, 1940 S. Outer Dr 10:30AM Surrender Our Lives Saginaw C,WC Messiah Lutheran Church, 4640 N. Michigan 11:00AM New Awakenings **Bay City** C,BK,LS St. Alban's Church, 105 S. Erie (Wenona St. entrance) **Recovery Nation** West Branch NOON Fresh Start Club, 236 S. First St Attitude of Gratitude Saginaw 7:00PM Saginaw Recovery House, 1506 Mackinaw Street 7:00PM Midland By NA Means Necessary St John's Episcopal Church, 405 N Saginaw Rd 7:00PM **Common Desires** Essexville St. Lukes Methodist Church, 206 Scheurmann St.

FRIDAY (CONT)

MEETING FORMAT LEGEND						
BK HY	Book Study	С	Closed			
HY	Hybrid Meeting	LS	Literature Study			
M	Men	NC	No Children			
0	Open	WC	Wheelchair			

## **SERVICE MEETINGS**

2:00 PM Area Service Committee (ASC)

3rd non-holiday Sunday of month https://us02web.zoom.us/j/84622464633?pwd=U3FtK093Z05HTGNwbmpWYWVo

Zion Evangelical Lutheran Church 545 7th St, Freeland, MI, 48623

After ASC Literature Subcommittee Meeting

ASC Zoom

# **BMLT Meetings Search Apps**



# PHONE NUMBERS

# What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

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# SAGINAW BAY AREA MEETING LIST MAY 2024

24 HOUR HELPLINE 1-800-230-4085

Saginaw Bay Area Service Committee PO Box 151 Freeland, MI 48623 https://michigan-na.org/saginaw

## SUGGESTIONS FOR EVERYONE

Don't associate with people who are using
Go to 90 meetings in 90 days
Read NA literature daily
Come early & stay late
Get and use a sponsor
Get a home group
Use the PHONE

DON'T USE NO MATTER WHAT

KEEP COMING BACK. IT WORKS

Meetings Weekly: 59